### **COURSE OF STUDY- Class of 2019**

The curriculum of the Division of Clinical Rehabilitation and Mental Health Counseling contains a total of 62 credit hours for the PD and DD tracks: 47 semester hours of academic work and 15 semester hours of clinical experience\*. A total of 65 credit hours are required for the Dual track students: 50 semester hours of academic work and 15 semester hours of clinical experience.\* A full-time student may require at least two calendar years of continuous enrollment; and part-time students may require up to four calendar years.

### \* Field-based placement plus classroom-based and individualized supervision

The University of North Carolina at Chapel Hill -- Department of Allied Health Sciences Division of Clinical Rehabilitation and Mental Health Counseling -- Curriculum Class of 2019

| Fall Semester Year One (12 Credit Hours) |            |  |  |  |
|--|------------|--|--|--|
| Course #                                 | Credit Hrs | Course Name  |  |  |
| CRMH 700                                 | 3          | <b>Foundations of Clinical Rehabilitation &amp; Mental Health Counseling</b><br>Introduction to the history, philosophy, and profession of rehabilitation counseling. Students will obtain an overview of the field, its consumers, and methods of service delivery.   |  |  |
|  |            | A Multicultural Perspective of Developmental Counseling through the  |  |  |
| CRMH 710                                 | 3          | <b>Lifespan</b><br>Developmental theories and counseling through the lifespan will be covered with overall<br>themes of positive development, resiliency, and healthy life transitions of persons with<br>disabilities.  |  |  |
| CRMH 712                                 | 3          | Fundamentals of Clinical Rehabilitation & Mental Health Counseling<br>Diagnosis & Practice with People with Psychiatric & Developmental<br>Disabilities   Introduction to diagnosing persons with psychiatric and developmental disabilities. Focus is<br>on best practice treatment and the vocational, social and familial implications of living with a<br>DSM diagnosis.                         |  |  |
| CRMH 800                                 | 3          | Clinical Rehabilitation & Mental Health Counseling Research & Program<br>Evaluation<br>Research methods, evidence-based practice and ethical, legal, and cultural issues related to<br>research and evaluation. Covers basic statistics, library research for rehabilitation related<br>information, proposal development and grant writing.   |  |  |
| CRMH 814                                 | 3          | Introduction to Clinical Rehabilitation & Mental Health with People with<br>Developmental Disabilities & Psychiatric Disabilities<br>Historical perspective, description, diagnoses, classification, etiology, myths and stereotypes,<br>patterns of functioning, recovery, current best practices with focus on CRMH service delivery<br>and community support; day-in-the-life component included. |  |  |
|  |            | Spring Semester Year One (14 Credit Hours)   |  |  |
| CRMH 702                                 | 3          | <b>Theories of Counseling</b><br>Introduction to the traditional theories of individual and family counseling. Emphasis on<br>application of theories with persons with disabilities, ethics and multicultural awareness.  |  |  |
| CRMH 704                                 | 3          | Medical & Psychosocial Aspects of Disabilities     Overview of medical, psychological, social, and vocational aspects of disabilities with focus on functional implications of disability in all areas of life. Includes overview of human body systems, medical terminology, and assistive technology.  |  |  |
| CRMH 708                                 | 3          | Career Development & Employment: Counseling Persons with Disabilities<br>This course will cover career development and counseling with emphasis on community<br>integration in vocational and leisure pursuits of persons with disabilities, particularly those<br>with mental illness and developmental disabilities.   |  |  |
| CRMH 806                                 | 5          | Applied Counseling Skills in Clinical Rehabilitation & Mental Health<br>Counseling   |  |  |

|   | Designed to teach foundational counseling skills that will enable students to begin counseling. Focus on counseling individuals with mental illness and developmental |  |  |  |  |  |
|---|---|--|--|--|--|--|
|   | disabilities. Includes ethics and multicultural awareness.  |  |  |  |  |  |
| First Summer Session Year One (3 Credit Hours)            |   |  |  |  |  |  |
| CRMH 822<br>(online)                                      | 3 (PD+<br>Dual<br>Track)  | Marriage, Couple & Family Counseling in Clinical Rehabilitation & Mental<br>Health Counseling Practice     Provides a general framework for understanding individuals with disabilities and chronic<br>illnesses in the context of the family and related systems. Emphasis on theories and models o<br>family and couple counseling, foundational skills for working with clients from a family<br>systems perspective, and roles and responsibilities when interacting with clients with<br>disabilities and their families.   |  |  |  |  |
|   | Se  | cond Summer Sessions Year One (3 Credits Hours)  |  |  |  |  |
| *CRMH 718<br>(online)                                     | 3   | Co-Occurring Disorders in Clinical Rehabilitation & Mental Health<br>Counseling<br>Introduces occurrence of psychiatric conditions co-occurrence of substance abuse +/or<br>developmental disabilities, examining history including traditional recovery models,<br>contradictory practices, bio-physiological effects and shift from separate to parallel to<br>integrated treatment approaches.  |  |  |  |  |
| First or Second Summer Session Year One (2+ Credit Hours) |   |  |  |  |  |  |
| Required<br>Elective                                      | 3 (DD)  | <b>TBD</b><br>Speak to your advisor with any questions   |  |  |  |  |
|   |   | Fall Semester Year Two(14 Credit Hours)  |  |  |  |  |
| CRMH 706  | 3   | <b>Tests &amp; Measurement in Clinical Rehabilitation &amp; Mental Health Counseling</b><br>This course is an overview of the selection, administration, accommodations/bias,<br>limitations, and interpretation of major assessment tools. Emphasis on persons with<br>psychiatric or developmental disabilities.   |  |  |  |  |
| CRMH 714  | 3   | Principles of Group Counseling in Clinical Rehabilitation & Mental Health<br>Counseling     Strategies and techniques in developing and implementing groups in counseling. Attention<br>to group counseling with persons with disabilities, specifically those with psychiatric and<br>developmental disabilities.   |  |  |  |  |
| CRMH 802  | 5   | Practicum in Clinical Rehabilitation & Mental Health Counseling<br>Provides students the opportunity to apply knowledge and counseling skills in a clinical<br>setting and move to a more advanced level of counseling skill. Includes clinical training in<br>assessing lethality, identifying and reporting abuse, counselor safety, Rehabilitation<br>Counseling ethics, and HIPAA review   |  |  |  |  |
| CRMH<br>816<br><u>AND/OR</u><br>*818<br>(online)          | 3   | Evidence-Based Counseling Practices with People with Developmental<br>Disabilities (DD Track)   Prepares students for CRMH practice with persons with DD; covers a wide range of<br>intervention and coordination strategies focusing on achievement of a participatory, person-<br>centered, independent, productive community life. <u>AND/OR</u> Evidence-Based Counseling Practices with People with Psychiatric<br>Disabilities (PD Track)   Prepares students for CRMH practice with persons with psychiatric conditions; covers<br>evidence-based practice and coordination strategies focusing on support of recovery,<br>achievement of healthy, independent and productive community life. |  |  |  |  |
| Spring Semester Year Two (16 Credit Hours)                |   |  |  |  |  |  |
| CRMH 810  | 10  | Internship in Clinical Rehabilitation & Mental Health Counseling<br>Direct experience with clients/patients in either PD or DD settings.   |  |  |  |  |

| CRMH<br>992 <u>or</u> 993                                       | 3 | Master's Paper/Project in Clinical Rehabilitation & Mental Health<br>Counseling (CRMH 992) OR Thesis (CRMH 993 - See requirements in<br>Student Handbook or Grad School Record).<br>Individual research supervised by a faculty, to explore area of interest in a research paper,<br>program development, or professional project/ Individual research supervised by a faculty<br>member in a special field of study. |  |  |
|---|---|---|--|--|
| Total Credit Hours = 62 PD and DD, 65 Dual Track                |   |   |  |  |
| Other courses – optional  |   |   |  |  |
| <b>CRMH 804</b>   | 3 | 3 Special Topics in Clinical Rehabilitation & Mental Health Counseling<br>Faculty mentored independent study to pursue specific interests and topics.   |  |  |
| *Dual Track students are required to take both of these courses |   |   |  |  |

\*Dual Track students are required to take both of these courses

## SPECIALTY TRACK REQUIREMENTS- CLASS OF 2019

By the end of fall semester of the first year, full time students must identify the specialty track for their continuation of study. Note: Part time students must declare a specialization by the end of spring semester in their second year. Students select either the Mental Health Counseling--Developmental Disabilities (DD) track or Mental Health Counseling—Psychiatric Disabilities (PD) track or the Dual Track (both PD and DD). Track requirements include:

- Master's Paper, Project, or Thesis related to the population (Dual track students need to include both populations in their paper)
- CRMH 816 (DD) OR CRMH 818 (PD), either of the advanced practices courses (Dual track students need to take both of these courses)
- CRMH 822 (PD and Dual Track)
- Internship with the population: CRMH 810 for Internship (See Section VI of the Handbook)

## **Elective Course for DD track:**

Students who elect to take an elective must speak with Dr. Mark Klinger to obtain guidance on potential courses suitable for electives. If students wish to explore possible course options on campus or through other graduate-level university programs, students must gain approval from Dr. Klinger prior to enrolling in the course. To gain approval students must:

- 1. Contact the course instructor and obtain a copy of the course syllabus
- 2. Provide verification that it is a graduate level course
- 3. Complete a brief rationale describing how this elective course will further knowledge and skill in DD practice as a rehabilitation counselor
- 4. Submit all documents listed above to the advisor or Dr. Klinger **prior** to enrolling in the course and await approval.

Although it is suggested that this course be taken during the summer session following year one, with approval this course can be taken at any time during the student's program.

# **Curriculum Overview for the Class of 2019**

| PD TRACK  | DD TRACK  | PD+DD TRACK   |
|---|---|---|
| 700: Foundations of CRMH  | 700: Foundations of CRMH  | 700: Foundations of CRMH  |
| 702: Theories of Counseling   | 702: Theories of Counseling   | 702: Theories of Counseling   |
| 704: Medical & Psychosocial Aspects of Disabilities   | 704: Medical & Psychosocial Aspects of Disabilities   | 704: Medical & Psychosocial Aspects<br>of Disabilities  |
| 706: Tests and Measurements in CRMH   | 706: Tests and Measurements in CRMH   | 706: Tests and Measurements in CRMH   |
| 708: Career Development &<br>Employment: Counseling Persons with<br>Disabilities                                      | 708: Career Development &<br>Employment: Counseling Persons with<br>Disabilities                                      | 708: Career Development &<br>Employment: Counseling Persons with<br>Disabilities                                      |
| 710: A Multicultural Perspective of<br>Developmental Counseling through the<br>Lifespan                               | 710: A Multicultural Perspective of<br>Developmental Counseling through the<br>Lifespan                               | 710: A Multicultural Perspective of<br>Developmental Counseling through the<br>Lifespan                               |
| 712: Fundamentals of CRMH:<br>Diagnosis & Practice with People with<br>Mental Illness & Developmental<br>Disabilities | 712: Fundamentals of CRMH:<br>Diagnosis & Practice with People with<br>Mental Illness & Developmental<br>Disabilities | 712: Fundamentals of CRMH:<br>Diagnosis & Practice with People with<br>Mental Illness & Developmental<br>Disabilities |
| 714: Principles of Group Counseling in CRMH   | 714: Principles of Group Counseling in CRMH   | 714: Principles of Group Counseling in CRMH   |
| 718: Co-Occurring Disorders in Clinical<br>Rehabilitation and Mental Health<br>Counseling                             | 718: Co-Occurring Disorders in<br>Clinical Rehabilitation and Mental<br>Health Counseling                             | 718: Co-Occurring Disorders in Clinical<br>Rehabilitation and Mental Health<br>Counseling                             |
| 800: CRMH Research & Program<br>Evaluation  | 800: CRMH Research & Program Evaluation   | 800: CRMH Research & Program<br>Evaluation  |
| 802: Practicum in CRMH  | 802: Practicum in CRMH  | 802: Practicum in CRMH  |
| 806: Applied Counseling Skills in CRMH  | 806: Applied Counseling Skills in CRMH  | 806: Applied Counseling Skills in CRMH  |
| 810: Internship in CRMH   | 810: Internship in CRMH   | 810: Internship in CRMH   |
| 814: Introduction to CRMH with People<br>with Psychiatric Disabilities &<br>Developmental Disabilities                | 814: Introduction to CRMH with<br>People with Psychiatric Disabilities &<br>Developmental Disabilities                | 814: Introduction to CRMH with People<br>with Psychiatric Disabilities &<br>Developmental Disabilities                |
|   | 816: Evidence-Based Counseling<br>Practices with People with<br>Developmental Disabilities                            | 816: Evidence-Based Counseling<br>Practices with People with<br>Developmental Disabilities                            |
| 818: Evidence-Based Counseling<br>Practices with People with Psychiatric<br>Disabilities                              |   | 818: Evidence-Based Counseling<br>Practices with People with Psychiatric<br>Disabilities                              |
| 822: Marriage, Couple, & Family<br>Counseling in Clinical Rehabilitation<br>and Mental Health Counseling Practice     | 822: Marriage, Couple, & Family<br>Counseling in Clinical Rehabilitation<br>and Mental Health Counseling Practice     | 822: Marriage, Couple, & Family<br>Counseling in Clinical Rehabilitation<br>and Mental Health Counseling Practice     |
| 992 or 993: Master's Paper or Project in CRMH or Thesis   | 992 or 993: Master's Paper or Project<br>in CRMH or Thesis  | 992 or 993: Master's Paper or Project in CRMH or Thesis   |
|   | TBD: Speak to your advisor for guidance   |   |
| Total Credit Hours: 62  | Total Credit Hours: 62  | Total Credit Hours: 65  |