## **COURSE OF STUDY- Class of 2019**

The curriculum of the Division of Clinical Rehabilitation and Mental Health Counseling contains a total of 62 credit hours for the PD and DD tracks: 47 semester hours of academic work and 15 semester hours of clinical experience\*. A total of 65 credit hours are required for the Dual track students: 50 semester hours of academic work and 15 semester hours of clinical experience.\* A full-time student may require at least two calendar years of continuous enrollment; and part-time students may require up to four calendar years.

## \* Field-based placement plus classroom-based and individualized supervision

## The University of North Carolina at Chapel Hill -- Department of Allied Health Sciences Division of Clinical Rehabilitation and Mental Health Counseling -- Curriculum Class of 2019

Fall Semester Year One (12 Credit Hours)					
Course #	Credit Hrs	Course Name			
CRMH 700	3	<b>Foundations of Clinical Rehabilitation &amp; Mental Health Counseling</b> Introduction to the history, philosophy, and profession of rehabilitation counseling. Students will obtain an overview of the field, its consumers, and methods of service delivery.			
		A Multicultural Perspective of Developmental Counseling through the			
CRMH 710	3	<b>Lifespan</b> Developmental theories and counseling through the lifespan will be covered with overall themes of positive development, resiliency, and healthy life transitions of persons with disabilities.			
CRMH 712	3	Fundamentals of Clinical Rehabilitation & Mental Health Counseling Diagnosis & Practice with People with Psychiatric & Developmental Disabilities   Introduction to diagnosing persons with psychiatric and developmental disabilities. Focus is on best practice treatment and the vocational, social and familial implications of living with a DSM diagnosis.			
CRMH 800	3	Clinical Rehabilitation & Mental Health Counseling Research & Program Evaluation Research methods, evidence-based practice and ethical, legal, and cultural issues related to research and evaluation. Covers basic statistics, library research for rehabilitation related information, proposal development and grant writing.			
CRMH 814	3	Introduction to Clinical Rehabilitation & Mental Health with People with Developmental Disabilities & Psychiatric Disabilities Historical perspective, description, diagnoses, classification, etiology, myths and stereotypes, patterns of functioning, recovery, current best practices with focus on CRMH service delivery and community support; day-in-the-life component included.			
		Spring Semester Year One (14 Credit Hours)			
CRMH 702	3	<b>Theories of Counseling</b> Introduction to the traditional theories of individual and family counseling. Emphasis on application of theories with persons with disabilities, ethics and multicultural awareness.			
CRMH 704	3	Medical & Psychosocial Aspects of Disabilities Overview of medical, psychological, social, and vocational aspects of disabilities with focus on functional implications of disability in all areas of life. Includes overview of human body systems, medical terminology, and assistive technology.			
CRMH 708	3	Career Development & Employment: Counseling Persons with Disabilities This course will cover career development and counseling with emphasis on community integration in vocational and leisure pursuits of persons with disabilities, particularly those with mental illness and developmental disabilities.			
CRMH 806	5	Applied Counseling Skills in Clinical Rehabilitation & Mental Health Counseling			

	Designed to teach foundational counseling skills that will enable students to begin counseling. Focus on counseling individuals with mental illness and developmental					
	disabilities. Includes ethics and multicultural awareness.					
First Summer Session Year One (3 Credit Hours)						
CRMH 822 (online)	3 (PD+ Dual Track)	Marriage, Couple & Family Counseling in Clinical Rehabilitation & Mental Health Counseling Practice     Provides a general framework for understanding individuals with disabilities and chronic illnesses in the context of the family and related systems. Emphasis on theories and models family and couple counseling, foundational skills for working with clients from a family systems perspective, and roles and responsibilities when interacting with clients with disabilities and their families.				
	Se	cond Summer Sessions Year One (3 Credits Hours)				
*CRMH 718 (online)	3	Co-Occurring Disorders in Clinical Rehabilitation & Mental Health Counseling Introduces occurrence of psychiatric conditions co-occurrence of substance abuse +/or developmental disabilities, examining history including traditional recovery models, contradictory practices, bio-physiological effects and shift from separate to parallel to integrated treatment approaches.				
	First o	or Second Summer Session Year One (2+ Credit Hours)				
Required Elective	3 (DD)	<b>TBD</b> Speak to your advisor with any questions				
		Fall Semester Year Two(14 Credit Hours)				
CRMH 706	3	<b>Tests &amp; Measurement in Clinical Rehabilitation &amp; Mental Health Counseling</b> This course is an overview of the selection, administration, accommodations/bias, limitations, and interpretation of major assessment tools. Emphasis on persons with psychiatric or developmental disabilities.				
CRMH 714	3	Principles of Group Counseling in Clinical Rehabilitation & Mental Health Counseling     Strategies and techniques in developing and implementing groups in counseling. Attention to group counseling with persons with disabilities, specifically those with psychiatric and developmental disabilities.				
CRMH 802	5	Practicum in Clinical Rehabilitation & Mental Health Counseling Provides students the opportunity to apply knowledge and counseling skills in a clinical setting and move to a more advanced level of counseling skill. Includes clinical training in assessing lethality, identifying and reporting abuse, counselor safety, Rehabilitation Counseling ethics, and HIPAA review				
CRMH 816 <u>AND/OR</u> *818 (online)	3	Evidence-Based Counseling Practices with People with Developmental Disabilities (DD Track)   Prepares students for CRMH practice with persons with DD; covers a wide range of intervention and coordination strategies focusing on achievement of a participatory, person- centered, independent, productive community life. <u>AND/OR</u> Evidence-Based Counseling Practices with People with Psychiatric Disabilities (PD Track)   Prepares students for CRMH practice with persons with psychiatric conditions; covers evidence-based practice and coordination strategies focusing on support of recovery, achievement of healthy, independent and productive community life.				
Spring Semester Year Two (16 Credit Hours)						
CRMH 810	10	Internship in Clinical Rehabilitation & Mental Health Counseling Direct experience with clients/patients in either PD or DD settings.				

CRMH 992 <u>or</u> 993	3	Master's Paper/Project in Clinical Rehabilitation & Mental Health Counseling (CRMH 992) OR Thesis (CRMH 993 - See requirements in Student Handbook or Grad School Record). Individual research supervised by a faculty, to explore area of interest in a research paper, program development, or professional project/ Individual research supervised by a faculty member in a special field of study.			
Total Credit Hours = 62 PD and DD, 65 Dual Track					
Other courses – optional					
CRMH 804	3	Special Topics in Clinical Rehabilitation & Mental Health Counseling Faculty mentored independent study to pursue specific interests and topics.			

\*Dual Track students are required to take both of these courses

## SPECIALTY TRACK REQUIREMENTS- CLASS OF 2019

By the end of fall semester of the first year, full time students must identify the specialty track for their continuation of study. Note: Part time students must declare a specialization by the end of spring semester in their second year. Students select either the Mental Health Counseling--Developmental Disabilities (DD) track or Mental Health Counseling—Psychiatric Disabilities (PD) track or the Dual Track (both PD and DD). Track requirements include:

- Master's Paper, Project, or Thesis related to the population (Dual track students need to include both populations in their paper)
- CRMH 816 (DD) OR CRMH 818 (PD), either of the advanced practices courses (Dual track students need to take both of these courses)
- CRMH 822 (PD and Dual Track)
- Internship with the population: CRMH 810 for Internship (See Section VI of the Handbook)

## **Elective Course for DD track:**

Students who elect to take an elective must speak with Dr. Mark Klinger to obtain guidance on potential courses suitable for electives. If students wish to explore possible course options on campus or through other graduate-level university programs, students must gain approval from Dr. Klinger prior to enrolling in the course. To gain approval students must:

- 1. Contact the course instructor and obtain a copy of the course syllabus
- 2. Provide verification that it is a graduate level course
- 3. Complete a brief rationale describing how this elective course will further knowledge and skill in DD practice as a rehabilitation counselor
- 4. Submit all documents listed above to the advisor or Dr. Klinger **prior** to enrolling in the course and await approval.

Although it is suggested that this course be taken during the summer session following year one, with approval this course can be taken at any time during the student's program.

# **Curriculum Overview for the Class of 2019**

PD TRACK	DD TRACK	PD+DD TRACK
700: Foundations of CRMH	700: Foundations of CRMH	700: Foundations of CRMH
702: Theories of Counseling	702: Theories of Counseling	702: Theories of Counseling
704: Medical & Psychosocial Aspects of Disabilities	704: Medical & Psychosocial Aspects of Disabilities	704: Medical & Psychosocial Aspects of Disabilities
706: Tests and Measurements in CRMH	706: Tests and Measurements in CRMH	706: Tests and Measurements in CRMH
708: Career Development & Employment: Counseling Persons with Disabilities	708: Career Development & Employment: Counseling Persons with Disabilities	708: Career Development & Employment: Counseling Persons with Disabilities
710: A Multicultural Perspective of Developmental Counseling through the Lifespan	710: A Multicultural Perspective of Developmental Counseling through the Lifespan	710: A Multicultural Perspective of Developmental Counseling through the Lifespan
712: Fundamentals of CRMH: Diagnosis & Practice with People with Mental Illness & Developmental Disabilities	712: Fundamentals of CRMH: Diagnosis & Practice with People with Mental Illness & Developmental Disabilities	712: Fundamentals of CRMH: Diagnosis & Practice with People with Mental Illness & Developmental Disabilities
714: Principles of Group Counseling in CRMH	714: Principles of Group Counseling in CRMH	714: Principles of Group Counseling in CRMH
718: Co-Occurring Disorders in Clinical Rehabilitation and Mental Health Counseling	718: Co-Occurring Disorders in Clinical Rehabilitation and Mental Health Counseling	718: Co-Occurring Disorders in Clinical Rehabilitation and Mental Health Counseling
800: CRMH Research & Program Evaluation	800: CRMH Research & Program Evaluation	800: CRMH Research & Program Evaluation
802: Practicum in CRMH	802: Practicum in CRMH	802: Practicum in CRMH
806: Applied Counseling Skills in CRMH	806: Applied Counseling Skills in CRMH	806: Applied Counseling Skills in CRMH
810: Internship in CRMH	810: Internship in CRMH	810: Internship in CRMH
814: Introduction to CRMH with People with Psychiatric Disabilities & Developmental Disabilities	814: Introduction to CRMH with People with Psychiatric Disabilities & Developmental Disabilities	814: Introduction to CRMH with People with Psychiatric Disabilities & Developmental Disabilities
	816: Evidence-Based Counseling Practices with People with Developmental Disabilities	816: Evidence-Based Counseling Practices with People with Developmental Disabilities
818: Evidence-Based Counseling Practices with People with Psychiatric Disabilities		818: Evidence-Based Counseling Practices with People with Psychiatric Disabilities
822: Marriage, Couple, & Family Counseling in Clinical Rehabilitation and Mental Health Counseling Practice	822: Marriage, Couple, & Family Counseling in Clinical Rehabilitation and Mental Health Counseling Practice	822: Marriage, Couple, & Family Counseling in Clinical Rehabilitation and Mental Health Counseling Practice
992 or 993: Master's Paper or Project in CRMH or Thesis	992 or 993: Master's Paper or Project in CRMH or Thesis TBD: Speak to your advisor for	992 or 993: Master's Paper or Project in CRMH or Thesis
	guidance	
Total Credit Hours: 62	Total Credit Hours: 62	Total Credit Hours: 65